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DEPARTMENT OF THE ARMY
US ARMY INTELLIGENCE AND SECURITY COMMAND
FORT GEORGE G. MEADE, MARYLAND 20765

12 March 1982

MEMORANDUM THRU LTC RICHARD E. HARTZELL
COMMAND PSYCHOLOGIST

FOR LTC ROBERT J. JACHIM, GRILL FLAME PROJECT MANAGER

SUBJECT: Your Inquiry re: Discovery Series and Gateway Program (U)

1. (U) We do not have the "Discovery" series. However, we should. It will do the following things for us:

a. (U) Fulfill initial training phase of enhanced relaxation/concentration program which I have been recommending for years. The "Discovery" series can be used here at the office (with new equipment) and is designed as preparation for the Gateway Program at M.I.A.S. (see below).

b. (C) The "Discovery" series will serve as a screening tool to determine those of our people who can best be helped by continuing the Monroe training.

c. (S/NOFORN) Use of the "Discovery" series in training our more advanced people (Joe, Hart, Fern) is the next step in their training and will improve their performance operationally by providing them with the tools/techniques to relax, concentrate and focus on the desired target.

d. (U) Use of the "Discovery" series in training will improve morale of personnel as it will give the advanced people something they have been promised and give the beginners something to look forward to.

2. (C) The Gateway program at M.I.A.S. is the core of the Monroe training and will fulfill the second phase of the enhanced relaxation/concentration program I have been recommending. I have been through the Gateway program for the expressed purpose of assessing it for our use. See attached MFR, subject: Trip Report, 18-28 Sep 80. My recommendation in paragraph 6 stands.

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3. (U) Advanced training in relaxation/concentration includes, but is not limited to, the following phases:

- a. (C) Application of the Monroe "Discovery" series. (Done in-house in the office to screen personnel and prepare for phase two.)
- b. (C) Attendance at the Gateway program for advanced personnel. (Done at M.I.A.S. in Faber, VA in a seminar atmosphere.)
- c. (U) Assessment and analysis of personnel who have attended Gateway program. (3-6 months in length, geared to see if operational abilities improve and if personnel should progress to next phase of training.)
- d. (C) One-on-one training sessions with R.A. Monroe at M.I.A.S. (Designed to customize individual techniques for specific individual needs.)
- e. (S/NOFORN) Application of the Monroe audio tapes during operational Remote Viewing sessions. (Provide ideal state to facilitate RV process.)
- f. (U) Use of biomonitoring devices to measure and record levels and degrees of relaxation/concentration. (For determining accuracy of individual sessions/information from session.)

4. (U) Reference paragraph 3, above. Protocol approval is required for items e. and f. But, we can get ready for those phases now by starting with the "Discovery" program.

5. (C) RECOMMENDATION: That Joe and I go TDY to M.I.A.S. 5 and 6 April 1982 to conduct liaison with R. A. Monroe, to purchase directly from him the "Discovery" series, and set a tentative schedule for Joe's attendance at the Gateway program.

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as

Frederick H. Atwater
FREDERICK H. ATWATER
CPT, MI
OPS/TNG OFFICER

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